

Please refer to this chart of the *Top 10 Common Ailments and Symptoms* to help you determine whether or not your child should attend the Toddler Center. Note that your child will be sent home if s/he is showing signs of being sick or is unable to participate in the program. Please refer to our Parent Handbook for our complete Health Guidelines.

Condition	Stay Home if Symptoms Include:	Come Back When:
Common Cold/ Runny Nose	Mucous of any color that is profuse or continuous, and is not a result of teething or allergies.	Runny nose is no longer profuse or continuous.
Vomiting	Inability to keep down food or drink.	Child has not vomited for 24 hours.
Fever	An axillary (underarm) temperature of 99°F or greater within the last 24 hours.	Child has been fever free for 24 hours.
Diarrhea	Frequent, loose, watery, or smelly bowel movements, or if bowel movements cannot be contained in a diaper.	Child has been diarrhea-free (having normal bowel movements) for 24 hours.
Cough or Respiratory Illness	Frequent and/or debilitating cough (wet or dry), sneezing, or other respiratory illness for reasons other than teething or allergies.	Child's cough is no longer debilitating or frequent.
Inattentiveness	Inattentiveness or inability to focus on normal daily routines for reasons related to illness.	Child is alert, not showing an unusual lack of attentiveness.
Infestations (i.e. Lice, Scabies and Pinworms)	Presence of nits, mites, or eggs, or symptoms (usually including intense itching, and the presence of raised red spots or lines) indicating the presence of infestations such as lice, scabies, or pinworms.	Appropriate treatment has been completed as directed, and all eggs have been removed.
Lethargy	Uncharacteristic lethargy or tiredness for reasons related to illness.	Child is active, not showing an unusual lack of energy, and is able to participate in the program.
Pink Eye or Conjunctivitis	Any unusual discharge from the eyes, sometimes accompanied with redness, swelling and itching.	Child's eyes are discharge free and without redness, itching or swelling.
Skin Conditions and Rashes (not including eczema, psoriasis, or allergic reactions)	Presence of any contagious skin condition, including but not limited to chicken pox, Cocksackie's virus, impetigo, scabies, poison oak, ring worm, cold/canker sores, and fever blisters. Usually accompanied by raised red spots or lines, swelling, and intense itching.	Child is rash free or free of the contagious skin condition; or, if the skin condition is of unknown origin, the child may return with a note from an appropriate health care provider stating the skin condition is not contagious.